

$$\hat{S}_z |\pm\rangle = \pm \frac{\hbar}{2} |\pm\rangle$$

$$|+\rangle = \uparrow$$

$$|-\rangle = \downarrow$$

What about $\hat{S}_x$ and $\hat{S}_y$?

$|\pm\rangle$ are not eigenstates of $\hat{S}_x$ and $\hat{S}_y$

$\hat{S}_x$ and $\hat{S}_y$ are "incompatible" w/ $\hat{S}_z$.

Compatibility of observable

Two observables A & B are compatible if
 $\exists$ a complete set of states that
 have well-defined values for both A & B ,
 i.e. are simultaneous eigenstates of $\hat{A}$ and $\hat{B}$.

Then $\hat{A}$ and $\hat{B}$ commute.

Proof: Let $|\psi_n\rangle$ be a complete set of eigenstates: $\hat{A}|\psi_n\rangle = a_n|\psi_n\rangle$
 $\hat{B}|\psi_n\rangle = b_n|\psi_n\rangle$

Consider an arbitrary state $|\psi\rangle = \sum \psi_n |\psi_n\rangle$

$$\hat{A}\hat{B}|\psi\rangle = \sum \psi_n \hat{A}\hat{B}|\psi_n\rangle = \sum \psi_n \hat{A} b_n |\psi_n\rangle = \sum \psi_n b_n a_n |\psi_n\rangle$$

$$\hat{B}\hat{A}|\psi\rangle = \sum \psi_n a_n b_n |\psi_n\rangle$$

Since $\hat{A}\hat{B}|\psi\rangle = \hat{B}\hat{A}|\psi\rangle$ for an arbitrary state, $\boxed{\hat{A}\hat{B} = \hat{B}\hat{A}}$ QED

Commutator

$$\text{Define } [\hat{A}, \hat{B}] = \hat{A}\hat{B} - \hat{B}\hat{A}.$$

$$A, B \text{ compatible} \Rightarrow [\hat{A}, \hat{B}] = 0$$

$$\text{If } [\hat{A}, \hat{B}] \neq 0 \Rightarrow A, B \text{ are incompatible}$$

[HW on commutators]

If $[\hat{A}, \hat{B}] \neq 0$ then A & B are not compatible

$$[\hat{A}, \hat{B}] \sim \hbar \text{ (something)}$$

because if $\hbar \rightarrow 0$, then quantum mechanics $\rightarrow$ classical
and all observables are classically compatible

If A & B are compatible then there exist
some states for which $\Delta A = 0$ and $\Delta B = 0$.
i.e. $\Delta A \Delta B = 0$

Recall from 2140, $\Delta x \Delta p \geq \frac{\hbar}{2}$ so x, p incompatible
Heisenberg uncertainty

Generalized uncertainty relations:

$$\Delta A \Delta B \geq \frac{1}{2} |\langle \psi | [\hat{A}, \hat{B}] | \psi \rangle|$$

[HW]

From now on: drop hats from operators

Since S_x, S_y, S_z are incompatible w/ one another,
their commutators must be non zero.

$$[S_x, S_y] = \hbar (?)$$

[Guess $? = S_z$.

[Not quite because S_z is hermitian while $[,]$ is antihermitian]

$$[A, B]^\dagger = (AB - BA)^\dagger = B^\dagger A^\dagger - A^\dagger B^\dagger = BA - AB = [B, A] = -[A, B]$$

$$[S_x, S_y] = i\hbar S_z$$

[proof later for L.
prove using symmetry
properties under rotations.]

→ cf Weinberg
lectures on QM

Rotate axes

$$[S_y, S_z] = i\hbar S_x$$

$$[S_z, S_x] = i\hbar S_y$$

"Commutation relations for angular momentum"

[Let's accept these as our axioms + derive consequences]

Using commutation relations, we will now derive the action of S_x and S_y on $|\pm\rangle$.

Define $S_+ = S_x + iS_y$

$S_- = S_x - iS_y$

$S_{\pm}$ not hermitian!

$$S_{\pm}^\dagger = S_{\mp}$$

Exercise: show $[S_z, S_{\pm}] = \pm \hbar S_{\pm}$ [few lines of algebra]

show $S_z S_{\pm} = S_{\pm} (S_z \pm \hbar)$

Let $|m\rangle$ be a ^{normalized} eigenstate of S_z w/ eigenvalue $m\hbar$ [note: we omit the $\hbar$]

Then $S_z S_{\pm} |m\rangle = S_{\pm} (m\hbar \pm \hbar) |m\rangle$
 $= (m \pm 1)\hbar S_{\pm} |m\rangle$

i.e. $S_{\pm} |m\rangle$ is an eigenstate of S_z w/ eigenvalue $(m \pm 1)\hbar$

S_+ is a raising operator $S_+ |m\rangle \sim |m+1\rangle$
 S_- is a lowering operator $S_- |m\rangle \sim |m-1\rangle$

$S_{\pm} |m\rangle$ are not necessarily normalized so

$$S_+ |m\rangle = c_+(m) |m+1\rangle$$

$$S_- |m\rangle = c_-(m) |m-1\rangle$$

Consider spin $-\frac{1}{2}$.

only 2 eigenstates of S_z $\begin{cases} |+\rangle = |\frac{1}{2}\rangle \\ |-\rangle = |-\frac{1}{2}\rangle \end{cases}$

$$S_+ |+\rangle = 0 \quad \text{because } |\frac{3}{2}\rangle \text{ doesn't exist} \Rightarrow c_+(\frac{1}{2}) = 0$$

$$S_- |-\rangle = 0 \quad \text{because } |-\frac{3}{2}\rangle \text{ doesn't exist} \Rightarrow c_-(-\frac{1}{2}) = 0$$

$$S_- |+\rangle = c_- (\frac{1}{2}) |-\rangle$$

[only 2 left]

$$S_+ |-\rangle = c_+ (-\frac{1}{2}) |+\rangle$$

Let's calculate c 's:

$$\rightarrow \langle - | c_-^* (\frac{1}{2}) = \langle + | S_-^+ = \langle + | S_+$$

Next consider

$$\langle - | c_-^\dagger(\frac{1}{2}) c_-(\frac{1}{2}) | - \rangle = \langle + | S_+ S_- | + \rangle$$

Exercise: show $S_+ S_- = S_x^2 + S_y^2 + \hbar S_z$
 $= S^2 - S_z^2 + \hbar S_z$

where $S^2 \equiv S_x^2 + S_y^2 + S_z^2$

$$\begin{aligned} \Rightarrow |c_-(\frac{1}{2})|^2 &= \langle + | S^2 - S_z^2 + \hbar S_z | + \rangle \\ &= \langle + | S^2 | + \rangle - \frac{\hbar^2}{4} + \hbar(\frac{\hbar}{2}) \\ &= \langle + | S^2 | + \rangle + \frac{\hbar^2}{4} \end{aligned}$$

Exercise: show $S_- S_+ = S^2 - S_z^2 - \hbar S_z$

$$\begin{aligned} \Rightarrow S^2 | + \rangle &= (S_- S_+ + S_z^2 + \hbar S_z) | + \rangle \\ &= (0 + \frac{\hbar^2}{4} + \frac{\hbar}{2}) | + \rangle \\ &= \frac{3\hbar^2}{4} | + \rangle \end{aligned}$$

Similarly $S^2 | - \rangle = (S_+ S_- + S_z^2 - \hbar S_z) | - \rangle$
 $= (0 + \frac{\hbar^2}{4} - \hbar(-\frac{\hbar}{2})) | - \rangle$
 $= \frac{3\hbar^2}{4} | - \rangle$

$| \pm \rangle$ are also eigenstates of S^2 w/ eigenvalue $\frac{3}{4}\hbar^2$
 ie S^2 & S_z are compatible [not obvious, because $| \pm \rangle$ not eigenstates of S_x & S_y]

$$|c_-(\frac{1}{2})|^2 = \frac{3\hbar^2}{4} + \frac{\hbar^2}{4} = \hbar^2$$

$$c_-(\frac{1}{2}) = \hbar e^{i\theta} \Rightarrow S_-|+\rangle = \hbar e^{i\theta}|-\rangle$$

What about $c_+(-\frac{1}{2})$?

$$S_+|-\rangle = c_+(-\frac{1}{2})|+\rangle$$

$$c_+(-\frac{1}{2}) = \langle + | S_+ | - \rangle = \langle - | c_-^*(\frac{1}{2}) | - \rangle = c_-^*(-\frac{1}{2})$$

$$c_+(-\frac{1}{2}) = \hbar e^{-i\theta} \Rightarrow S_+|-\rangle = \hbar e^{-i\theta}|+\rangle$$

Redefine $|+\rangle' = e^{i\theta}|+\rangle \Rightarrow S_-|+\rangle = \hbar|-\rangle'$
 $S_+|-\rangle' = \hbar|+\rangle$

Drop primes:

$$\begin{aligned} S_-|+\rangle &= \hbar|-\rangle \\ S_+|-\rangle &= \hbar|+\rangle \end{aligned}$$

$$S_x = \frac{1}{2}(S_+ + S_-) \Rightarrow \begin{aligned} S_x|+\rangle &= \frac{\hbar}{2}|-\rangle \\ S_x|-\rangle &= \frac{\hbar}{2}|+\rangle \end{aligned}$$

$$S_y = \frac{1}{2i}(S_+ - S_-) \Rightarrow \begin{aligned} S_y|+\rangle &= \frac{i\hbar}{2}|-\rangle \\ S_y|-\rangle &= -\frac{i\hbar}{2}|+\rangle \end{aligned}$$

$$\langle \pm | S_x | \pm \rangle = \langle \pm | \frac{\hbar}{2} | \mp \rangle = 0$$

[meets same: avg value of S_x
for spin up / down = 0]

$$\langle \pm | S_y | \pm \rangle = 0$$

$$\vec{S} = (S_x, S_y, S_z)$$

$$\langle \pm | \vec{S} | \pm \rangle = (0, 0, \pm \frac{\hbar}{2}) = \pm \frac{\hbar}{2} \hat{z}$$

Let $\hat{n} = (n_x, n_y, n_z) = (\sin\theta \cos\phi, \sin\theta \sin\phi, \cos\theta)$



Define $S_n = \hat{n} \cdot \vec{S}$: component of $\vec{S}$ in $\hat{n}$ direction
 $= \sin\theta \cos\phi S_x + \sin\theta \sin\phi S_y + \cos\theta S_z$

$$\langle \pm | S_n | \pm \rangle = \pm \frac{\hbar}{2} \hat{n} \cdot \hat{z} = \pm \frac{\hbar}{2} \cos\theta$$