

Angular momentum of a system of particles

$$\vec{L}^{sys} = \sum \vec{L}_i = \sum m_i \vec{r}_i \times \vec{v}_i$$

in general \vec{L} depends on choice of origin

Recall $\vec{r}_i' = \vec{r}_i - \vec{r}_{cm}$ = position relative to center-of-mass

$$\sum m_i \vec{r}_i' = 0 \quad \text{ie} \quad \vec{r}_{cm}' = 0$$

$$\sum m_i \vec{v}_i' = 0 \quad \text{ie} \quad \vec{v}_{cm}' = 0$$

Then

$$\vec{L}^{sys} = \sum m_i (\vec{r}_{cm} + \vec{r}_i') \times (\vec{v}_{cm} + \vec{v}_i')$$

$$= \underbrace{(\sum m_i)}_M \vec{r}_{cm} \times \vec{v}_{cm} + \underbrace{(\sum m_i \vec{r}_i')}_{0} \times \vec{v}_{cm} + \vec{r}_{cm} \times \underbrace{(\sum m_i \vec{v}_i')}_{0} + \sum m_i \vec{r}_i' \times \vec{v}_i'$$

$$\vec{L}^{sys} = \underbrace{M \vec{r}_{cm} \times \vec{v}_{cm}}_{\text{angular momentum of system treated as a point particle}} + \underbrace{\vec{L}'^{sys}}_{\text{angular momentum measured in cm frame}}$$

\vec{L}^{sys} does not depend on choice of origin iff $\vec{v}_{cm} = 0$.

Summary

$$\vec{p}^{sys} = M \vec{v}_{cm}$$

← [no "internal" momentum]

$$T^{sys} = \frac{1}{2} M v_{cm}^2 + T'^{sys}$$

$$\vec{L}^{sys} = M \vec{r}_{cm} \times \vec{v}_{cm} + \vec{L}'^{sys}$$

} because
cross terms
cancel!

[not necessarily expected since $T + L$ are both quadratic
however due to nature of cm frame cross terms cancel]

Change in angular momentum of a system

$$\vec{L}^{sys} = \sum \vec{r}_i \times \vec{p}_i$$

$$\frac{d\vec{L}^{sys}}{dt} = \sum \left[\underbrace{\frac{d\vec{r}_i}{dt} \times \vec{p}_i}_0 \text{ since } \vec{p}_i \parallel \vec{v}_i + \vec{r}_i \times \underbrace{\frac{d\vec{p}_i}{dt}}_{\vec{F}_i} \right] \text{ in IRF}$$

$$= \sum_i \vec{r}_i \times [\vec{F}_i^{ext} + \sum_{j \neq i} \vec{F}_{ij}]$$

$$= \underbrace{\sum_i \vec{r}_i \times \vec{F}_i^{ext}}_{\text{define this as } \vec{\tau}^{ext}} + \underbrace{\sum_i \sum_{j \neq i} \vec{r}_i \times \vec{F}_{ij}}$$

$$\sum_{\text{pair } i,j} [\vec{r}_i \times \vec{F}_{ij} + \vec{r}_j \times \vec{F}_{ji}]$$

$\vec{F}_{ji} = -\vec{F}_{ij}$

$$(\vec{r}_i - \vec{r}_j) \times \vec{F}_{ij}$$

A central force is one in which \vec{F}_{ij} is parallel (or antiparallel) to \vec{r}_{ij} . [eg gravity, electrostatics]

Thus $\vec{r}_{ij} \times \vec{F}_{ij} = 0$ [internal torque cancel]

For central internal forces we have:

$$\frac{d\vec{L}^{sys}}{dt} = \vec{\tau}^{ext} \text{ in an IRF} \quad \left[\text{analogous to } \frac{d\vec{p}^{sys}}{dt} = \vec{F}^{ext} \right]$$

Corollary: \vec{L}^{sys} is conserved if external torque vanishes
 [also holds for individual components]

Observe that $\vec{\tau}^{ext} = \sum \vec{r}_i \times \vec{F}_i^{ext}$
 $= \sum (\vec{r}_{cm} + \vec{r}'_i) \times \vec{F}_i^{ext}$

In general $\vec{\tau}$ depends on choice of origin

$$= \vec{r}_{cm} \times \underbrace{\sum \vec{F}_i^{ext}}_{\vec{F}^{ext}} + \underbrace{\sum \vec{r}'_i \times \vec{F}_i^{ext}}_{\vec{\tau}'^{ext}}$$

$\vec{\tau}'^{ext} =$ ext. torque measured wrt. origin of cm

Recall that $L^{sys} = M \vec{r}_{cm} \times \dot{\vec{r}}_{cm} + L'^{sys}$

$$\frac{dL^{sys}}{dt} = M \underbrace{\dot{\vec{r}}_{cm} \times \ddot{\vec{r}}_{cm}}_{\dot{\vec{r}}_{cm} \times \vec{F}^{ext}} + \frac{dL'^{sys}}{dt}$$

Compare previous eqs:

$$\boxed{\frac{dL'^{sys}}{dt} = \vec{\tau}'^{ext}}$$

change in angular mom. wrt. cm
 equals external torque wrt. cm

→ valid even if cm frame is not inertial!

Summary

$$\frac{d\vec{p}^{sys}}{dt} = \vec{F}^{ext} \quad (\text{valid in IRF})$$

$$\frac{dE_{mech}^{sys}}{dt} = \frac{dW^{ext}}{dt} = P^{ext} \quad (\text{ditto})$$

← power delivered by external force

$$\frac{d\vec{L}^{sys}}{dt} = \vec{\tau}^{ext} \quad \leftarrow \text{torque caused by external force}$$

(valid in IRF and in cm frame)

Rigid body

a system of particles whose relative positions are fixed
 admits an overall translation + rotation (shape cannot change)

In particular, all $|\vec{r}_{ij}|$ are const.

[eg. point masses connected by weightless rods (chemistry models
 of molecules)]

[atoms in a solid at their equilibrium positions]

[talk informally about d.o.f. $3N$ for N -pt masses
 but only 6 for a rigid body \Rightarrow Euler angles]

Recall

$$E_{\text{mech}}^{\text{sys}} = T^{\text{sys}} + U^{\text{sys}}$$

$$dE_{\text{mech}}^{\text{sys}} = dW^{\text{ext}}$$

If external forces are conservative $dW^{\text{ext}} = -dU^{\text{ext}}$

$$d(E_{\text{mech}}^{\text{sys}} + U^{\text{ext}}) = 0$$

$$E^{\text{tot}} = E_{\text{mech}}^{\text{sys}} + \underbrace{U^{\text{sys}}}_{U^{\text{internal}}} + U^{\text{ext}} \quad \text{is conserved}$$

$$U^{\text{internal}} = \sum_{i < j} U_{ij}(|\vec{r}_{ij}|)$$

For particles at equilibrium positions, $U^{\text{internal}} = \text{const}$

and can be ignored
(internal constraint forces do no work)

$$\text{Rigid body} \Rightarrow E^{\text{tot}} = T^{\text{sys}} + U^{\text{ext}}$$

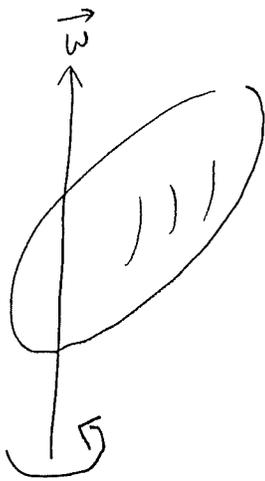
became internal
forces are conservative

L2

Rotating rigid body

Assume rigid body is rotating about some fixed axis
 [not necessarily thru cm]

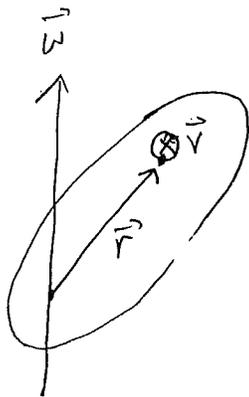
Angular velocity $\vec{\omega}$



$\hat{\omega}$ = axis of rotation [r.h. rule]

$\omega = |\vec{\omega}|$ = angular speed

[need not be constant]



Let \vec{r} denote a point within the object
 (w.r.t. origin on the axis)

The velocity of this point is

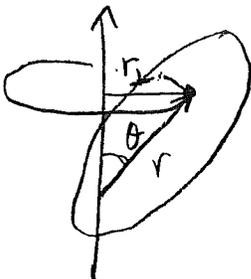
$$\vec{v} = \vec{\omega} \times \vec{r}$$

check direction ✓

check magnitude

$$|\vec{v}| = \omega r \sin\theta = \omega r_{\perp} \quad \checkmark$$

r_{\perp} = perpendicular distance from axis



Kinetic energy of rotating object

$$T^{\text{sys}} = \int \frac{1}{2} (dm) v^2$$

$$= \frac{1}{2} \omega^2 \int dm r_{\perp}^2$$

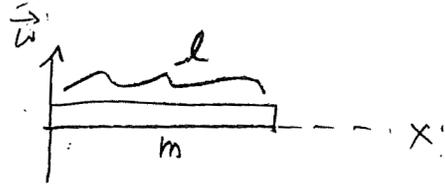
$$= \frac{1}{2} I \omega^2$$

Moment of inertia

$$I = \int dm r_{\perp}^2 = \int d^3r \rho r_{\perp}^2 \quad (\text{depends on the axis!})$$

$dxdydz = dV$
mass density

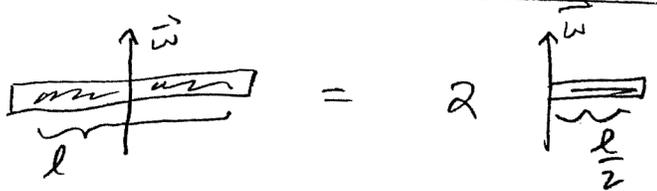
eg. rigid rod about one end:



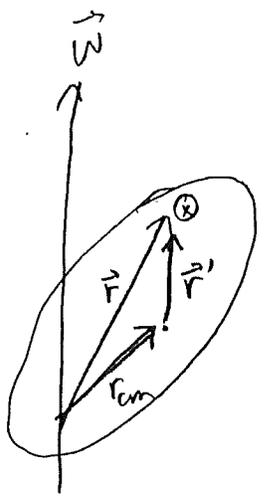
Linear density $\lambda = \frac{m}{l}$

$$I = \int \lambda dx r_{\perp}^2 = \frac{m}{l} \int_0^l dx x^2 = \frac{1}{3} ml^2$$

Rigid rod about center



$$I = 2 \frac{1}{3} \left(\frac{m}{2}\right) \left(\frac{l}{2}\right)^2 = \frac{1}{12} ml^2$$



$$\vec{v} = \vec{\omega} \times \vec{r}$$

$$T^{sys} = \frac{1}{2} \int dm (\vec{\omega} \times \vec{r})^2$$

$$\vec{r} = \vec{r}_{cm} + \vec{r}'$$

$$\vec{\omega} \times \vec{r} = \vec{\omega} \times \vec{r}_{cm} + \vec{\omega} \times \vec{r}'$$

$$T^{sys} = \frac{1}{2} \int dm (\vec{\omega} \times \vec{r}_{cm})^2 + \int dm (\vec{\omega} \times \vec{r}_{cm}) \cdot (\vec{\omega} \times \vec{r}') + \frac{1}{2} \int dm (\vec{\omega} \times \vec{r}')^2$$

$$= \frac{1}{2} \underbrace{(\vec{\omega} \times \vec{r}_{cm})^2}_{\omega^2 r_{cm\perp}^2} \underbrace{\int dm}_M + \underbrace{(\vec{\omega} \times \vec{r}_{cm}) \cdot (\vec{\omega} \times \int dm \vec{r}')}_0 + \underbrace{T'^{sys}}_{\substack{\uparrow \\ \text{kinetic energy in} \\ \text{cm frame}}}$$

$$T^{sys} = \frac{1}{2} M v_{cm}^2 + T'^{sys}$$

[confirming earlier result]

Note: cm frame is moving + accelerating but not rotating so object is rotating in cm frame at same angular speed ω as in the rest frame

$$\frac{1}{2} I \omega^2 = \frac{1}{2} M r_{cm\perp}^2 \omega^2 + \frac{1}{2} I' \omega^2$$

mom of inertia about axis thru cm

$$I = M r_{cm\perp}^2 + I'$$

parallel axis theorem

check: = $M(\frac{l}{2})^2 + \frac{1}{12} ml^2$

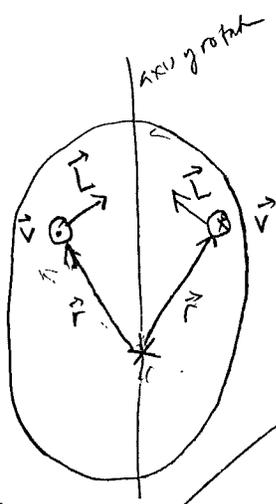
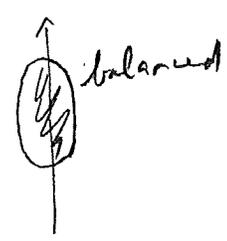
$$\frac{1}{3} ml^2 = \frac{1}{4} ml^2 + \frac{1}{12} ml^2$$

[problems]

Balanced objects

For every element on one side of axis
there is an equal element on the opposite side

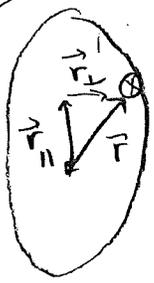
⇒ axis goes through cm



$$\vec{L} = \int dm \vec{r} \times \vec{v}$$

can choose orig. at cm, but need not; must be on axis, though!

Radial components of \vec{L} cancel
leaving only a component along $\vec{\omega}$



$$\begin{aligned} \vec{r} \times \vec{v} &= \underbrace{\vec{r}_{\parallel}}_{\text{radial}} \times \vec{v} + \underbrace{\vec{r}_{\perp}}_{\perp} \times \vec{v} \\ &= (r_{\perp} v) \hat{\omega} \\ &= r_{\perp}^2 \omega \hat{\omega} \\ &= r_{\perp}^2 \vec{\omega} \end{aligned}$$

$$\vec{L} = \int dm \vec{r} \times \vec{v} = \int dm r_{\perp}^2 \vec{\omega} = I \vec{\omega}$$

For a balanced object, \vec{L} is parallel to $\vec{\omega}$
(not for unbalanced)

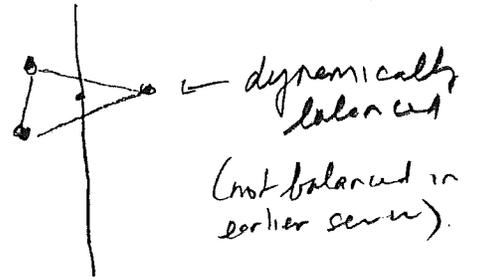
$$[\vec{r} \times \vec{v} = \vec{r} \times (\vec{\omega} \times \vec{r}) = r^2 \vec{\omega} - (\vec{r} \cdot \vec{\omega}) \vec{r}]$$

[Slater + Frank, p. 99 Mechanics = on dynamical vs static balance]

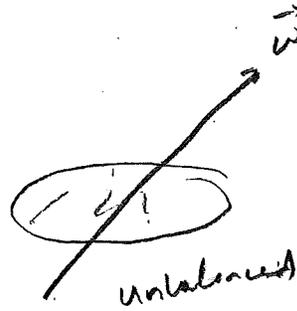
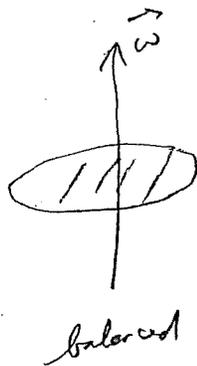
M2

More generally, we call an object ^{dynamically} balanced w.r.t. axis \hat{w} if

\vec{L} is parallel to \vec{w} .



Being balanced depends not only on object but also on the axis,



We will later show that for any object (however misshapen) there are at least 3 (perpendicular) axes about which it is ^{dynamically} balanced (called principle axes)

Recall from earlier, for a general system

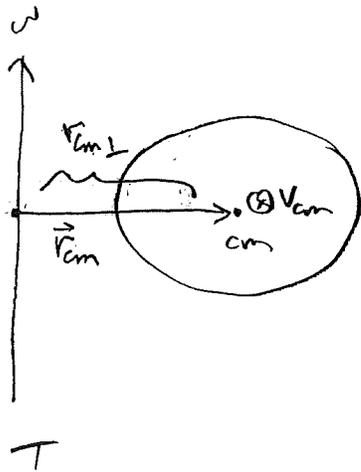
$$\vec{L}^{sys} = \vec{r}_{cm} \times M \vec{v}_{cm} + \vec{L}'^{sys}$$

↑
ang. mom w.r.t. cm

For a balanced object rotating about axis through cm

$$\vec{L}^{sys} = I' \vec{\omega}$$

Consider axis not passing through cm [i.e. not balanced]



Choose origin for \vec{L} to be the point on the axis closest to cm

$$\begin{aligned} \text{Then } \vec{r}_{cm} \times \vec{v}_{cm} &= r_{cm\perp} \hat{v}_{cm} \hat{\omega} \\ &= r_{cm\perp} (r_{cm\perp} \omega) \hat{\omega} \\ &= r_{cm\perp}^2 \vec{\omega} \end{aligned}$$

$$\begin{aligned} \vec{L}^{sys} &= M r_{cm\perp}^2 \vec{\omega} + I' \vec{\omega} \\ &= I \vec{\omega} \quad \text{by parallel axis theorem} \end{aligned}$$

So $\vec{L} = I \vec{\omega}$ valid for any balanced object provided origin is at point on axis closest to cm

For an object dynamically balanced w.r.t axis $\hat{\omega}$

$$\vec{L} = I \vec{\omega}$$

$$\frac{d\vec{L}}{dt} = I \frac{d\vec{\omega}}{dt} = I \vec{\alpha}$$

$\vec{\alpha}$ = angular acceleration

Recall $\frac{d\vec{L}}{dt} = \vec{\tau}$

valid in any IRF
and also in CM frame even if accelerating

$$\vec{\tau} = I \vec{\alpha}$$

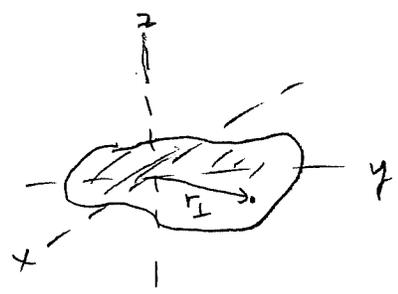
analogy τ

$$\vec{F} = m \vec{a}$$

Perpendicular axis theorem

- Applies only to flat objects
(assume object lies in $z=0$ plane)

Let I_{zz} = moment of inertia wrt. z -axis [explain double index later]
 $= \int dm r_{\perp}^2 = \int dm (x^2 + y^2)$

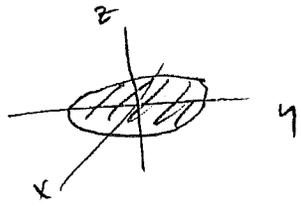


$$I_{xx} = \int dm (y^2 + z^2)$$

$$I_{yy} = \int dm (x^2 + z^2)$$

$$\Rightarrow I_{zz} = I_{xx} + I_{yy}$$

e.g. uniform disk has $I_{zz} = \frac{1}{2} m R^2$



$I_{xx} = I_{yy}$ by symmetry

$$\Rightarrow I_{xx} = \frac{1}{4} m R^2$$

A solid object can often be built from a stack of flat objects