

A decay (or other transformation)

will generally occur provided it

does not violate any conservation laws

["what is not forbidden is mandatory"]

Conservation laws

• energy
• momentum } a consequence of invariance
of laws of physics under
translations in space and time
(Noether's theorem)

• electric charge } a consequence of gauge invariance
of electromagnetism

(believed to be absolute)

• baryon number (quark number)
• lepton number } "accidental" but valid for standard model
[due to no known symmetry
but satisfied by the 4 known forces;
quarks + leptons don't convert into each other;

If a process obeys energy + momentum conservation

it is said to be "kinematically allowed"

otherwise "kinematically forbidden"

Energy conservation

[types of energy]

• rest energy mc^2

• kinetic energy T

$$E = \gamma mc^2 \quad \text{where } \gamma = \frac{1}{\sqrt{1 - (\frac{v}{c})^2}}$$

$$T = E - mc^2 = (\gamma - 1)mc^2$$

$$\text{non rel. approx} = \left[\left(1 + \frac{1}{2} \frac{v^2}{c^2} + \dots \right) - 1 \right] mc^2 = \frac{1}{2} mv^2$$

• potential energy V

associated w/ interactions between particles (EM, strong...)

Well before and well after the process, the particles are well separated
 $\Rightarrow$ ignore any potential energies in initial & final states

$$E_{\text{init}} = E_{\text{final}}$$

$$\sum_{\text{init}} (mc^2 + T) = \sum_{\text{final}} (mc^2 + T)$$

Neither kinetic energy nor mass is separately conserved
only their sum.

Define the kinetic energy released in a process

$$Q = T_{\text{final}} - T_{\text{init}}$$

$$= \sum_{\text{init}} mc^2 - \sum_{\text{final}} mc^2$$

If $Q = 0$, "elastic process" $\Rightarrow$ kinetic energy is conserved
(e.g. scattering of particles which retain their identities)

If $Q < 0$, "inelastic process" $\Rightarrow$ kinetic energy is lost

final state has more mass than initial

(lumps of putty: hot object has slightly more mass than a cool one)

More massive particles can be produced in a collision
e.g. cosmic rays, particle accelerators

If $Q > 0$, "superelastic process"

$\Rightarrow$ mass converted to kinetic energy
(e.g. fission, decay)

If initial state consists of a single particle m_0 at rest ($T_0 = 0$)

$$\text{then } Q = T_{\text{final}} \geq 0$$

$$\Rightarrow m_0 c^2 \geq \sum_{\text{final}} mc^2$$

$\Rightarrow$ massive particles can only decay into less massive particles
(not vice versa)

Generally, decays w/ larger Q
have larger probability to occur
+ therefore shorter half-lives
though for differing reasons

e.g. α -decay: higher $Q \rightarrow$ small potential barrier
to tunnel through

β -decay, higher $Q \rightarrow$ larger phase space

But in some cases, other considerations
cause the relationship to be violated

e.g. parity violation of the weak force
means that $\pi \rightarrow \mu$ is more likely
than $\pi \rightarrow e$,
despite the smaller phase space available

Conservation laws guarantee stability

e^- is stable because it is least massive p.c. w/ electric charge

[if it decayed into lighter neutral particles, violates charge cons.]

Why is p stable?

[not the lightest positively charged p.c.: $p \rightarrow e^+ \gamma$]

1938 Stueckelberg proposed conservation of baryon # (A)

p is stable because it is lightest p.c. w/ baryon #

Baryon # cons. has never been observed to be violated
& is respected by all the pieces of standard model
but no deep reason for it.

Extensions of standard model (GUTs) typically violate both
baryon # & lepton #

Proton decay expts since 1970's
(Super Kamiokande)

[problem]

Null results so far

$$\tau_p > 2 \times 10^{29} \text{ yrs}$$

[need a lot of protons]

Mass/energy conversions

Masses of atoms or nuclei often specified in terms of the unified atomic mass unit (u).

(amu was based on ^{16}O ;
u is based on ^{12}C)

A mole of particles of mass 1u has a mass of 1g

[PPB for constants]

$$N_A = 6.022141 \times 10^{23}$$

$$\Rightarrow 1 \text{ u} = \frac{10^{-3} \text{ kg}}{N_A} = 1.660539 \times 10^{-27} \text{ kg}$$

This amount of mass corresponds to energy ($c = 299792458 \frac{\text{m}}{\text{s}}$)

$$mc^2 = 1.492418 \times 10^{-10} \text{ J}$$

$$\text{using } 1 \text{ eV} = 1.602176 \times 10^{-19} \text{ J}$$

$$1 \text{ MeV} = 10^6 \text{ eV}$$

then give

{ chemistry eV
nuc phys MeV

$$mc^2 = 931.494 \text{ MeV} = 0.931494 \text{ GeV}$$

$$m = 1 \text{ u} \Rightarrow mc^2 = 931.494 \text{ MeV}$$

we'll almost
always use
rest energies

[PPB]

- proton $1.0072765u = 938.272 \text{ MeV}$
- neutron $1.0086649u = 939.565 \text{ MeV}$

Both about 1 GeV

Neutron slightly more massive, so decays.

$$n \rightarrow p$$

[violates charge cons.]

$$n \rightarrow p + e^-$$

[violates lepton number]

$$n \rightarrow p + e^- + \bar{\nu}_e$$

[still obey energy conservation?]

• neutrino $\lesssim 1 \text{ eV}$ • electron $0.0005486 = 0.511 \text{ MeV}$ About $\frac{1}{2} \text{ MeV}$, or $\frac{1}{2000}$ mass of p, n

$$Q = m_n c^2 - m_p c^2 - m_e c^2 - m_{\bar{\nu}} c^2 = 0.782 \text{ MeV}$$

Neutron decay is kinematically allowed.

A nuclear process involving e^- or e^+ is called β -decayMost unstable light nuclei decay via β -decay

It is generally easier to measure the mass of neutral atoms than of bare nuclei.

A neutral atom with Z protons, N neutrons, Z electrons has an approximate mass $(Z+N) u \approx A u$ i.e. rest energy

$$mc^2 \approx A (931.494 \text{ MeV})$$

It is convenient to characterize the discrepancy as

$$mc^2 \equiv A (931.494 \text{ MeV}) + \Delta \quad \leftarrow \text{atomic mass (incl. electrons)}$$

$$\Delta = \text{"mass excess"} \quad [\text{actually rest energy excess}]$$

$$m = \left(A + \frac{\Delta}{931.494} \right) u \quad [\text{nuclear vallet cords}]$$

The unified ^{mass unit} u is defined so that $\Delta \equiv 0$ for $^{12}_6\text{C}$

i.e. 1 mole of ^{12}C has mass exactly 12 g
(really a definition of Avogadro's number)

[Using our earlier numbers]

β-8

• proton $\Delta = 6.778 \text{ MeV}$

• neutron $\Delta = 8.071 \text{ MeV}$

[neutron agrees w/ nuclear wallet cards, but not proton]

• hydrogen = proton + electron

$\Delta = 7.289 \text{ MeV}$ ✓

$$n \rightarrow p + e^- + \bar{\nu}_e$$

$$Q = m_n - m_p - m_{e^-} - m_{\bar{\nu}_e}$$

$$= m_n - (m_{H^1} - m_{e^-}) - m_{e^-}$$

$$= m_n - m_H$$

$$= (1u + \Delta(n)) - (1u - \Delta(^1H))$$

$$= \Delta(n) - \Delta(^1H)$$

$$= 0.782 \text{ MeV}$$
 ✓

Drop the e^- ,
 (if this freedom
 comes
 responsibility)
 need restore
 units, make
 calculation

Deuteron $d = p n$

Simplest composite nucleus
 p and n bound together by strong force
 (residue of color force between quarks)
 Composite objects held together due to their binding energy.

Binding energy = difference between the
 sum of (rest) energies of the components
 and the (rest) energy of the composite object

Deuteron binding energy:

$$\begin{aligned} B_d &= m_n + m_p - m_d \\ &= m_n + [m(^1\text{H}) - m_e] - [m(^2\text{H}) - m_e] \\ &= [1u + \Delta(n)] + [1u + \Delta(^1\text{H})] - [2u + \Delta(^2\text{H})] \\ &= \Delta(n) + \Delta(^1\text{H}) - \Delta(^2\text{H}) \end{aligned}$$

$$= 8.071 + 7.289 - 13.136$$

$$= 2.224 \text{ MeV} \quad (\text{about } 0.1\% \text{ of } m_d \sim 2 \text{ GeV})$$

$$\Rightarrow m_d = m_n + m_p - B_d$$

Deuteron mass is less than its constituents

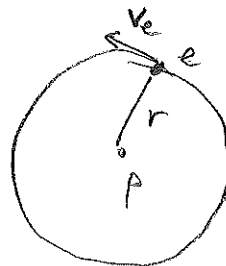
[How to understand B ?]

Binding energy of a hydrogen atom.

$$E_H = m_p + m_e + \overbrace{T_p + T_e + V_{ep}}^{-B_{\text{atomic}}}$$

Use Bohr model to estimate B_{atomic}

proton is at rest $\Rightarrow T_p \approx 0$



$$m_e a_c = F_{ep}$$

$$\frac{m_e v_e^2}{r} = \frac{K e^2}{r^2}$$

$$T_e = \frac{1}{2} m_e v_e^2 = \frac{1}{2} \frac{K e^2}{r}$$

$$V_{ep} = -\frac{K e^2}{r}$$

$\left\{ \begin{array}{l} \text{virial } \langle T \rangle = \frac{n}{2} \langle V \rangle \\ \text{for } V \propto r^{-n} \end{array} \right.$

Observe that $T_e = -\frac{1}{2} V_{ep}$ [valid for any inverse sq. force]

$$E_H = m_p + m_e + 0 + \underbrace{\frac{K e^2}{2r} - \frac{K e^2}{r}}_{-\frac{1}{2} \frac{K e^2}{r}}$$

For $r = a_0$ (Bohr radius), $\frac{1}{2} \frac{K e^2}{r} = 13.6 \text{ eV}$

Hydrogen atom is at rest

$$m_{\text{He}^+} = \underbrace{m_p}_{\approx 1 \text{ GeV}} + \underbrace{m_e}_{\approx 0.511 \text{ GeV}} - \underbrace{(13.6 \text{ eV})}_{\substack{\uparrow \\ B_{\text{atomic}} \text{ (about } 10^{-8} \text{ of total)}}}$$

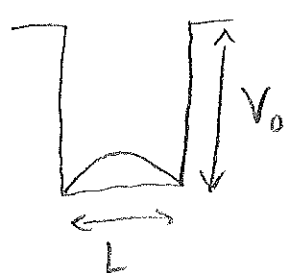
Binding energy of deuteron

$$m_d = m_p + m_n + \underbrace{T_p + T_n + V_{pn}}_{-B_d} \quad \text{where } B_d \approx 2 \text{ MeV}$$

strong interaction
potential energy

Unlike Coulomb force, we have no simple formula for V_{pn}
[nor do we expect one, since p and n are composites]

Use simplistic potential well model to estimate kinetic energy



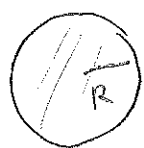
$$T = T_p + T_n = 2 \cdot \frac{p^2}{2m} = 2 \cdot \frac{3}{2m} \left(\frac{h}{\lambda} \right)^2$$

λ = de Broglie wavelength

$$\lambda = 2L$$

$$T = \frac{3}{m} \left(\frac{2\pi\hbar}{2L} \right)^2 = \frac{3\pi^2}{mc^2} \left(\frac{\hbar c}{L} \right)^2$$

$$= \frac{3\pi^2}{(1000 \text{ MeV})} \left(\frac{200 \text{ MeV} \cdot \text{fm}}{L} \right)^2 = 1200 \text{ MeV} \left(\frac{\text{fm}}{L} \right)^2$$



$$L = 2R, \quad R = 2^{1/3} r_0 \approx 1.5 \text{ fm} \Rightarrow L \sim 3 \text{ fm}$$

$$T \approx 130 \text{ MeV}$$

This is a very crude estimate (probably too high by factor of 2 or 4)

$$\text{but suggests } V_0 \approx -T \approx -130 \text{ MeV}$$

almost complete cancellation

particle in 3d box



$$T = 3 \cdot \frac{1}{2m} \left(\frac{h}{\lambda} \right) = \frac{3}{2m} \left(\frac{2\pi\hbar}{2L} \right)^2 = \frac{3\pi^2\hbar^2}{2mL^2}$$

particle in a sphere



$$-\frac{\hbar^2}{2m} \frac{1}{r} \frac{d^2}{dr^2} (r\psi) = E\psi$$

$$\frac{d^2}{dr^2} (r\psi) + \frac{2mE}{\hbar^2} (r\psi) = 0$$

$$\psi = \frac{\sin kr}{r} \quad \text{where} \quad \frac{\hbar^2 k^2}{2m} = E$$

$$\psi(R)=0 \Rightarrow kR=\pi \Rightarrow k=\frac{\pi}{R} \Rightarrow \boxed{E = \frac{\hbar^2 \pi^2}{2mR^2}}$$

If $L = \underbrace{2R}_{\text{diameter}}$ then 3d box $\Rightarrow \underline{\underline{\frac{3\pi^2\hbar^2}{8mR^2}}}$, slightly less $\uparrow$

If volumes equal $L^3 = \frac{4\pi}{3} R^3$

$$\text{the 3d box} = \frac{3\pi^2\hbar^2}{2m} \left(\frac{3}{4\pi} \right)^{2/3} \frac{1}{R^2} = \underline{\underline{0.577 \frac{\hbar^2 \pi^2}{mR^2}}}$$

Slightly more (by 15%)

[deuteron is not unstable to $d \rightarrow p + n$, but what about]

$$d \xrightarrow{?} p + p + e^- + \bar{\nu}_e$$

$$Q = m_d - 2m_p - m_e$$

$$= (m(^2\text{H}) - m_e) - 2(m(^1\text{H}) - m_e) - m_e$$

$$= m(^2\text{H}) - 2m(^1\text{H})$$

$$= \Delta(^2\text{H}) - 2\Delta(^1\text{H})$$

$$= 13.136 - 2(7.289)$$

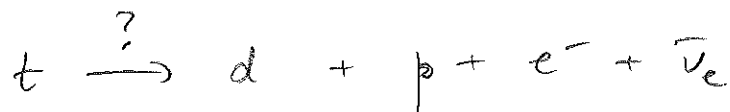
$$= -1.442 \text{ MeV}$$

Not as much difference as binding energy
but still kinematically forbidden

Free neutron is unstable, but neutron
bound to a proton is stable!

[strong force reduces the energy]

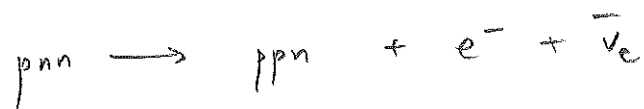
Tritium $t = pnn$



$$\begin{aligned} Q &= \Delta(^3\text{H}) - \Delta(^2\text{H}) - \Delta(^1\text{H}) \\ &= 14.95 - 13.136 - 7.289 \\ &= -5.475 \text{ MeV} \end{aligned}$$

Not possible

[How does tritium decay?]

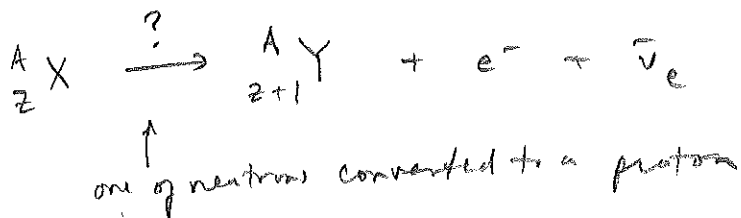
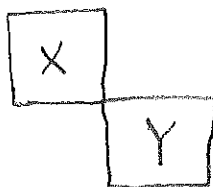


$$\begin{aligned} Q &= [m(^3\text{H}) - m_e] - [m(^3\text{He}) - 2m_e] - m_e \\ &= [3u + \Delta(^3\text{H})] - [3u - \Delta(^3\text{He})] \\ &= \Delta(^3\text{H}) - \Delta(^3\text{He}) \\ &= 0.019 \text{ MeV} \end{aligned}$$

$$\begin{aligned} m(^3\text{H}) &= 2809.4496 \\ m(^3\text{He}) &= 2809.4310 \\ \hline &0.0186 \end{aligned}$$

just barely unstable

β-decay always connects isobars = nuclei w/ same # nucleons

β^- decay

$$Q = m_{\text{nuc}}(X) - m_{\text{nuc}}(Y) - m_e$$

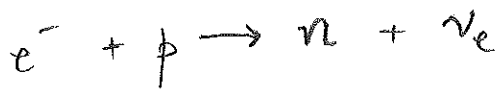
$$= [A u + \Delta(X) - Z m_e] - [A u + \Delta(Y) - (Z+1) m_e] - m_e$$

$$= \Delta(X) - \Delta(Y)$$

If $\Delta(X) > \Delta(Y)$, then X is unstable to β^- decay

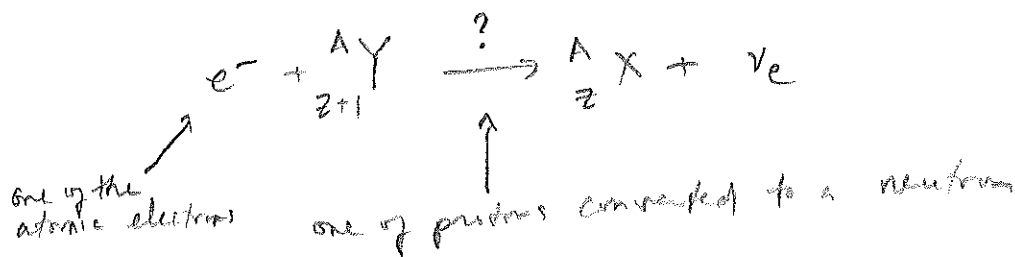
What if $\Delta(X) < \Delta(Y)$?

Can a proton convert to a neutron?



[conservation laws obeyed]

kinematically
forbidden for e^-, p at rest
(but formation of a neutron star)



$$Q = m_e + m_{\text{nuc}}(Y) - m_{\text{nuc}}(X)$$

$$= m_e + [A u + \Delta(Y) - (Z+1)m_e] - [A u + \Delta(X) - Z m_e]$$

$$= \Delta(Y) - \Delta(X)$$

If $\Delta(Y) > \Delta(X)$, then Y is unstable to EC (electron capture)

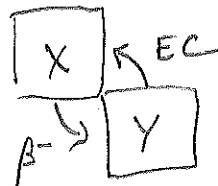
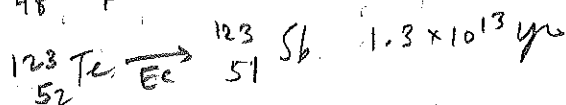
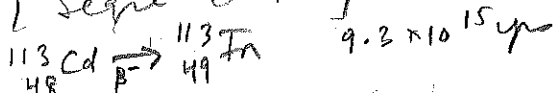
EC is followed by X-ray emission, as one of outer shell electrons fills the vacancy created by the s-shell electron

[first observed 1938 Alvarez : cf Krane, p. 272]

Given two adjacent isobars, one will always be unstable

(but next to adjacent isobars can exist)

[Segrè chart]



(chart shows as stable on Segre chart)

$^{113}_{48}\text{Cd}$

$$\Delta = -89.051$$

$$T_{1/2} = 9.3 \times 10^5 \text{ yrs}$$

β^- -decay

12.22%

$$J = \frac{1}{2} +$$



$^{113}_{49}\text{In}$

$$\Delta = -89.367$$

$$4.3\%$$

$$J = \frac{9}{2} +$$

$^{123}_{51}\text{Sb}$

$$\Delta = -89.223$$

$$42.7\%$$

$$J = \frac{7}{2} +$$



$^{123}_{52}\text{Te}$

$$\Delta = -89.172$$

$$1.3 \times 10^{13} \text{ yrs}$$

0.908%

(EC)

$$J = \frac{1}{2} +$$

β^+ decay

$\beta-16$

$$p \rightarrow n + e^+ + \nu_e \quad \text{not kinematically possible}$$



↓
proton converted to neutron

$$Q = m_{\text{nuc}}(Y) - m_{\text{nuc}}(X) - m_e$$

$$= [A u + \Delta(Y) - (z+1)m_e] - [A u + \Delta(X) - z m_e] - m_e$$

$$= \Delta(Y) - \Delta(X) - 2m_e$$

$$\text{If } \Delta(Y) - \Delta(X) > 2m_e = 1.022 \text{ MeV}$$

then Y is unstable to β^+ decay (also EC).

β^+ decay is followed by

$$e^+ + e^- \rightarrow \gamma + \gamma \quad (\text{pair annihilation})$$

$$Q = m_{e^+} + m_{e^-} = 1.022 \text{ MeV}$$

Each γ carries $\sim 0.511 \text{ MeV}$ (half the energy of e^+e^- annihilation)

[first observed 1934 (Johst-Curie; of Kope p. 272)]

Binding energy of a nucleus ${}^A_Z X$

$$\begin{aligned}
 B &= Z m_p + N m_n - m_{\text{nuc}}(X) \\
 &= Z [m({}^1\text{H}) - m_e] + N m_n - [m(X) - Z m_e] \\
 &= Z [1u + \Delta({}^1\text{H})] + N [1u + \Delta(n)] - [A u + \Delta(X)] \\
 &= Z \underbrace{\Delta({}^1\text{H})}_{7.289} + N \underbrace{\Delta(n)}_{8.071} - \Delta(X)
 \end{aligned}$$

Rewrite this in terms of $N+Z$ and $N-Z$

$$B = (N+Z)(7.680 \text{ MeV}) + (N-Z)(0.391 \text{ MeV}) - \Delta(X)$$

For ${}^{12}\text{C}$, $N=Z$ and $\Delta=0$ ~~or~~

[B and Δ not the same]

$$B({}^{12}\text{C}) = 12 (7.680 \text{ MeV})$$

If we assume ${}^{12}\text{C}$ is "typical" i.e. $N \approx Z$ and $\Delta \approx 0$

$$B = (7.7 \text{ MeV}) A$$

i.e. binding energy per nucleon is approximately constant

[show next page] $\Rightarrow$ "curve of binding energy"
[need to explain deviations]

$$\begin{aligned}
 m_{\text{nuc}}(X) &= Z m_p + N m_n - B \\
 &\approx (939 \text{ MeV}) A - (8 \text{ MeV}) A \\
 &\approx (931 \text{ MeV}) A
 \end{aligned}$$

$\uparrow$
 $\approx 1u$, chosen so $\Delta \approx 0$

Nuclei are $\sim 1\%$ less massive than sum of constituents
[recall deuteron about 0.1% $\rightarrow$ relatively weak binding]

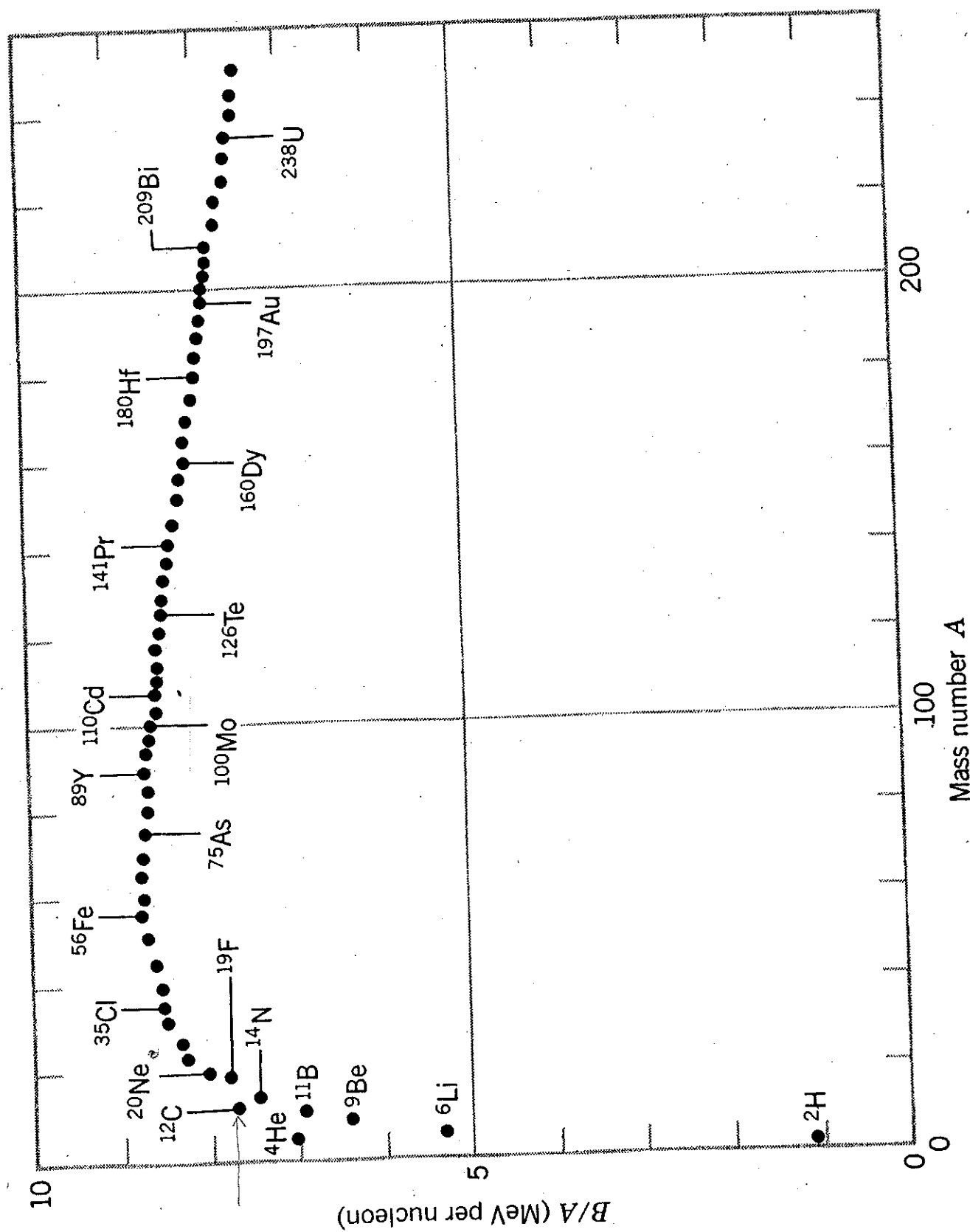


Figure 3.16 The binding energy per nucleon.

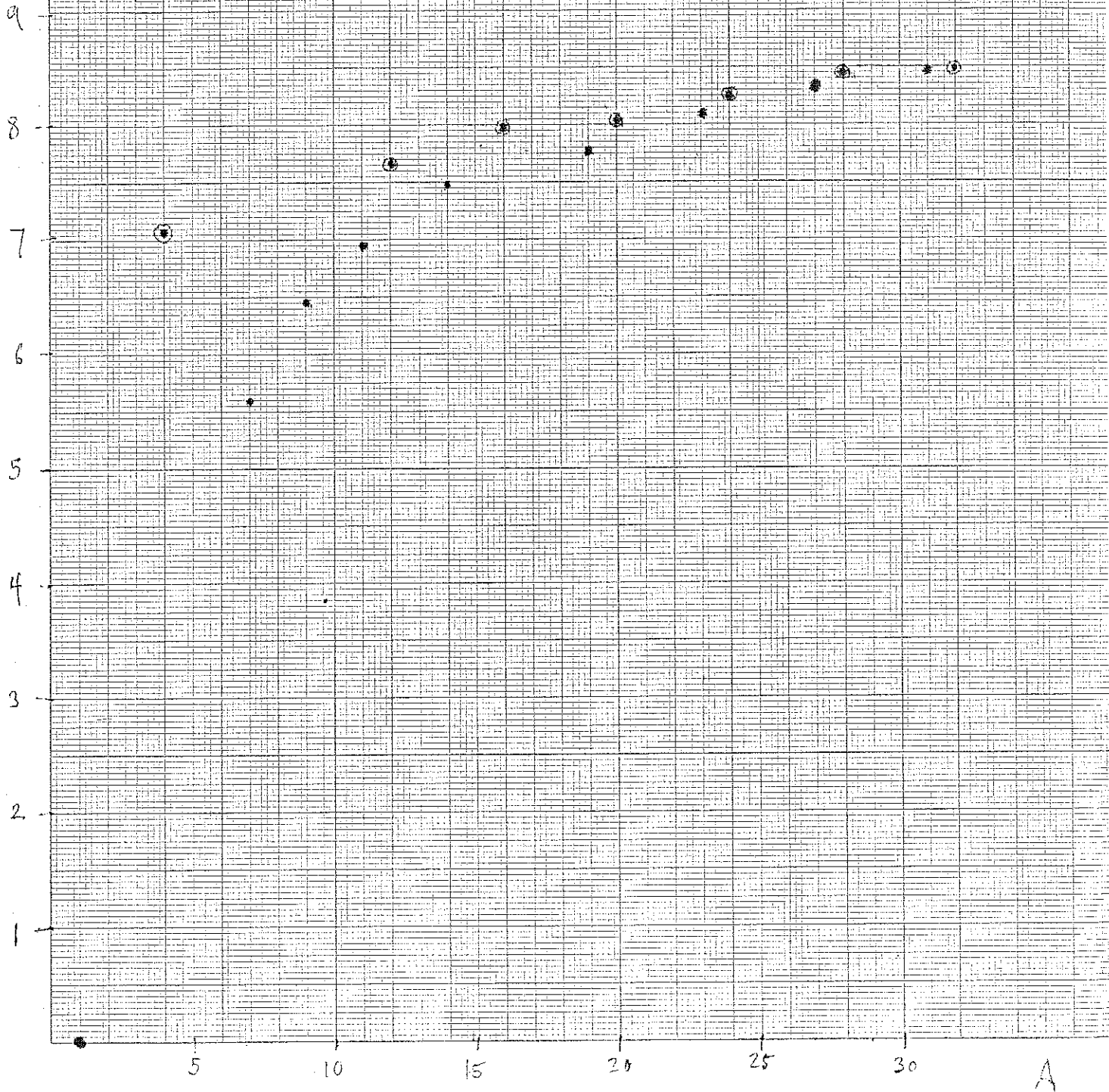
B/A for most abundant isotopes

③ = even-even nuclides

EUGENE DIETZGEN CO.
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$\frac{B}{A}$

NO. 3400R-MP DIETZGEN GRAPH PAPER
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B/A for most abundant isotopes

⊙ = even-even nuclides

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$\frac{B}{A}$

9

8

7

6

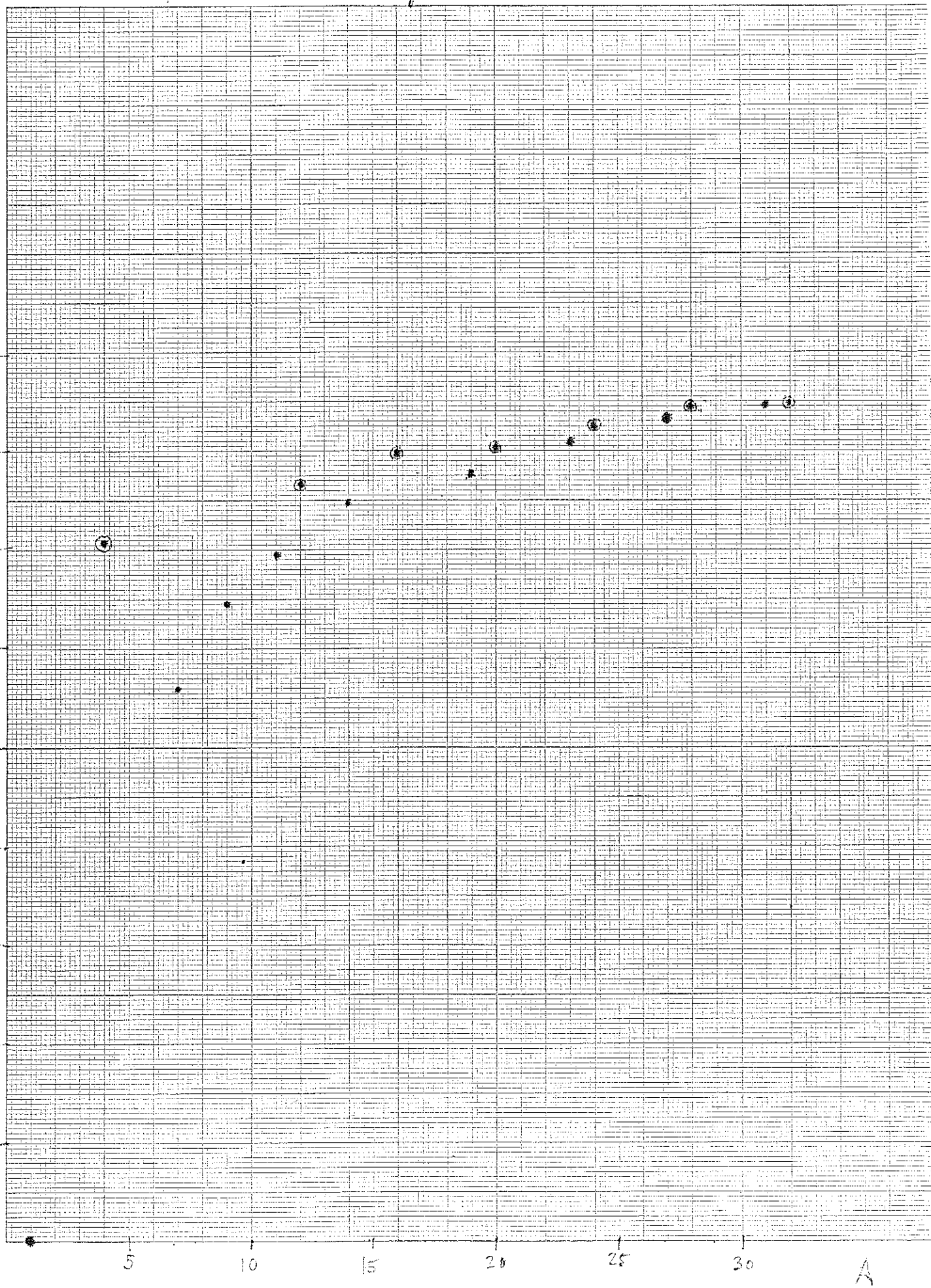
5

4

3

2

1



A

	Z	A	Δ	$A - 2Z$	$\frac{B}{A} = 7.68 + \frac{(A - 2Z)(0.39) - \Delta}{A}$
H	1	1	7.29	-1	0
He	2	4	2.42	0	7.07
Li	3	7	14.91	1	5.61
Be	4	9	11.35	1	6.46
B	5	11	8.67	1	6.93
C	6	12	0	0	7.68
N	7	14	2.86	0	7.48
O	8	16	-4.74	0	7.98
F	9	19	-1.49	1	7.78
Ne	10	20	-7.05	0	8.03
Na	11	23	-9.53	1	8.11
Mg	12	24	-13.93	0	8.26
Al	13	27	-17.20	1	8.33
Si	14	28	-21.49	0	8.45
P	15	31	-24.44	1	8.48
S	16	32	-26.02	0	8.49